



SOUL FOOD

November 2007

Be still and know that I am God. Psalm 46:10

When a person is kept by the Lord in good and truth, then falsities and evils are removed, and being removed they stand round like a wall, for they cannot enter into the sphere where good and truth are. The reason is, that in good and truth the Lord is present, and the presence of the Lord puts away evil and falsity on every side. (Secrets of Heaven 8206)

WEEK ONE

Church of the New Jerusalem October 2007

10 Broome St. South Perth.

www.newchurch.org

The JOURNEY

(Realising Spiritual Freedom)

A personal and spiritual growth programme

Join us

***And take a meaningful step in your personal and
spiritual growth***

3pm -5pm

10 Broome Street

Every Sunday from 10th February(except Easter Sunday)

Until Sunday 13th April

Cuppa at 5pm

The Journey will be advertised in Nova and local newspapers.

There will be a cost for hall rental and books.

Worship will follow each session at 5.30pm

Then a shared meal if you wish

People who have participated in past New Church Journey Programmes say:

"Taking this class has helped me make God a part of my everyday life- not just at church on Sunday"

" I appreciated the structure to this program. It helped me personally in my marriage and in building friendships"

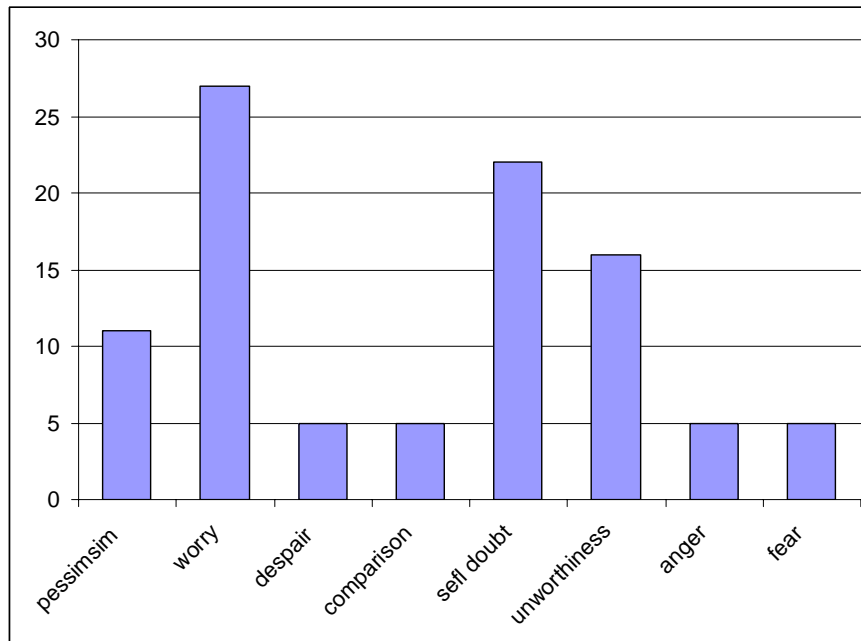
"This programme helped me to feel more part of the community and more integrated"



Discovering when We are Stuck

The children of Israel's enslavement in Egypt gives us a picture of our own lives when we feel stuck — trapped in some bad habit, thought pattern, or compulsive behavior that prevents us from being free and happy and from fulfilling our potential. Like the children of Israel, before we can break free from slavery, we must recognize that we are in slavery.

Using the On line programme and visiting the response site of the people all over the world who are "Journeying" now, a graph of the percentage of "Task Masters" that hold people back is given below. Where do you fit in? Can you work on reducing one of your" task masters" ?

How am I stuck?

It is interesting to see the high percentages of worry, self doubt and unworthiness. Perhaps it makes us feel that we are not alone in our struggles to move on. It is good to note the low "anger" percentage.

And from the website <http://www.newchurch.org/resources/journey>

A morsel to feed the married people

Expectations in Marriage That Have to End

Every couple has expectations and ideas about marriage. These are first formed in childhood, often from our own family. The relationship between our father and mother, family rules, methods of discipline, displays of affections—all contribute to our idea of marriage. We react to the experiences in our family of origin, and these reactions mold our picture of marriage.

There are two kinds of expectations that we bring into a marriage. There are those from the land of Canaan and others from the land of Egypt. Canaan expectations are always on a level of values and principles, while Egypt expectations are about a particular form or way that those values should be expressed.

A person who comes into marriage with expectations of honesty, intimacy, love and care is coming from a Canaan vision of marriage, and these expectations can be true, living goals. Canaan expectations do not demand a specific form for their realization but rather allow for a variety of manifestations as they grow.

Just as Egypt represents external forms and worldly ideas, Egypt expectations always have a specific form: "I want love in my marriage, and this is the way it should be expressed." If specific external forms are held onto as the essentials of a marriage, there will seem to be a death in Egypt as these forms are put off during the growth of the marriage. Many Egypt expectations are mere fantasies that can never be realized. Pictures of marriage as continual romance, eternal youth, or control, are dreams of Egypt that will have to die. Their death can be a sign of real growth, a sign that a new journey is beginning.

When we take a positive step in our marriage, it is multiplied by the inner working of the Lord. He performs miracles in the hidden regions of a marriage. For this reason, we don't always know the state of a marriage. What seems like hopeless conflicts can be a sign of real yet hidden growth. We can come out of a conflict or struggle in our marriages and be stronger, more grounded and wiser people.

Our vision of the Lord on the mountaintop gives us strength for the journey before us. From this time of preparation we gain the power to go back down into Egypt and begin the journey to Canaan.

Reflection *Create space in your marriage for the Lord's presence. Consider reading the Word together, praying together or attending worship together. The Lord is ready to work miracles in your marriage, but you must first slow down and listen for His message.*

Doctrinal Studies by Rev Mike Gladish *The study of Heaven and Hell designed by Mike Gladish is used at Val's home for classes on the second and fourth Friday mornings of the month.*

Saturday Afternoon discussion 6th October

PURPOSE: *To begin the creation of a social platform that is affiliated with the new church, (but open to anyone and all ideas), that looks to serve the community, promote truth and have an open space for discussions/ workshops/ dream building/ helping .*

What happened?

An enjoyable, useful and purposeful session was held and led by Lisa and Anni.

The icebreaker began the afternoon with questions in pairs, mulling around to change partners and share insights and ideas. Then a coming together to take turns in a positive and orderly way (using a talking stick.....actually a ball that we threw to the next speaker.....only speak when you are holding the ball). The main points were recorded on butcher paper by Amy and Errin. See below.

Some insights and ideas; we can.....

- ❖ *Share The doctrine of permission with people to give them a sense of hope in the face of so much doom and gloom about terrible things that happen in this world.....*
- ❖ *share our teachings to help people feel a sense of peace and stillness,*
- ❖ *be useful*
- ❖ *Create community, connect with people to help bridge isolation*
- ❖ *Use art, graphics, to present and articulate certain truths*
- ❖ *Make Cards for occasions (weddings, bereavement, birthdays etc with quotations that reach out and touch people, (Can also be fundraising)*
- ❖ *We can Screen print on T shirts, designs and quotes that reach people's minds, hearts and intellects*

What is the next step?

*We will meet again on the **24th November** (after the exams have finished!) and have a focus on*

- ❖ *Gathering together quotable quotes that achieve the above*
- ❖ *Design graphics and logos etc that fit the goal*
- ❖ *Do a trial print*
- ❖ *Feedback and ideas*

A big thank you to Lisa and Anni.

The above Social was inspired by George McCurdy .

SOCIAL with a Purpose
All generations and genders
24th November

3pm

At Smuts home in Aubin Grove

BYO for BBQ

Bring Creative ideas for slogans to reach out

For T shirts

Cards

Bookmarks

JOIN US!

Bring a friend

News

*Anni is teaching yoga at Boronia Women's prison near Curtin University,
and at Murdoch University.*

*Frosts are flying out for a visit back home on the 24th November .until the
end of January.*

Deb is working fulltime.

Anni and Alex are in the throes of exams.

*The Phans are in the process of selling their house to relocate to Harvest
Lakes.*

*Mary and Lisa will be overseas in January visiting relatives and friends in
New Zealand, Sydney, Denver, Atlanta, Bryn Athyn, London, and Scotland.*

Cynthia is enjoying her work at All Saints and is a picture of happiness.

Calendar

<u>November</u>	<u>Worship</u>	<u>Class/meeting/</u>
<i>Sun 4th</i>	5pm <i>Worship 10 Broome Street South Perth</i>	<i>3pm Secret Garden discussion</i>
<i>Fri 9th</i>		Heaven and Hell class at Val's 11am
<i>Sun 11th</i>	Worship 10.30am <i>Shared meal to follow.</i>	
<i>Sun 18th</i>	Worship 10.30am <i>Shared meal to follow.</i>	
<i>Friday 23rd</i>		Heaven and Hell class at Val's 11am
<i>Sat 24th</i>		<i>Smuts home</i> Graphics and Quotes Social 3pm all welcome!
<i>Sunday 25th</i>	<i>Singing Practice 9.45am</i> Worship 10.30pm <i>Shared meal to follow</i>	
<i>Sunday 2nd December</i>	<i>5pm</i> Worship followed by shared meal <i>Tableaux practice</i>	3pm Secret Garden <i>Book Club</i>

Sunday School every Sunday during Worship. It is great if you can let Mary know whether to expect you or not for preparation purposes. 0407 448405

Worship Services are held weekly at 10 Broome Street, South Perth (off Douglas Street) at 10.30am except the first Sunday of the month when it is held at 5pm.

You are invited to join in a shared meal afterwards if you wish.

Classes and systematic study

Enquiries

John Tel 9332 5140 or Mary 0407 448405



10 Broome Street, South Perth (off Douglas Street)

www.newchurch.org

<http://www.newchurch.org/locations/asiaPacific/australia>

Based on the Holy Bible, The New Church gains further inspiration and understanding through the Revelation of 18th century scientist and theologian [Emanuel Swedenborg](http://www.swedenborg.com.au). In his 35 volumes of theology, Swedenborg helps set forth the Lord's plan for a rebirth of Christianity, a clear vision of God in His own Word, and what that means in our lives.

For ordering books see www.swedenborg.com.au

Or phone Alex 0428517813

*We sponsor "**The Loving Arms Mission**" in Nepal, a home for orphaned children. Donations gladly accepted.*